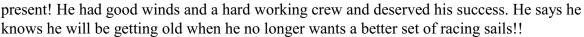
1173 Rushbrook Drive Oakville Ontario Canada L6M 1H8

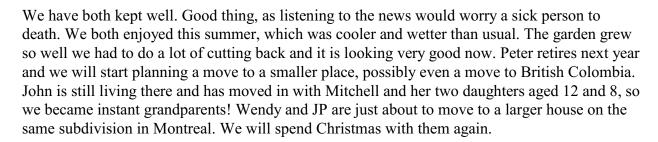
Happy Christmas everyone,

Peter and I send our best wishes for Christmas and the coming year. News wise this has been a busy year. I graduated with Distinction from my Acupuncture program (see picture) and passed the very taxing licensing exams set by the USA. I have started treating patients and am finding it a challenge and a satisfaction. In the coming year I want to extend my herbal knowledge and take those exams — then I will consider regulating myself in British Colombia as a Chinese Medicine Practitioner.

I had the great privilege of attending the teaching of the Dali Lama when he visited Toronto this spring. I have admired him for a long time, but did not ever expect to be in contact with him. He spoke with great authority and a very keen sense of humor. I am very grateful to have spent eleven days in his presence.

Peter had a good racing season, so good that he wore out the foresail and is getting a new one for his Christmas





We send our best wishes to you, with kind thoughts for your health and happiness in 2005



Susa + Pet