

1173 Rushbrook Drive
Oakville
Ontario
Canada
L6M 1H8

Happy Christmas everyone,

Peter and I send our best wishes for Christmas and the coming year. News wise this has been a busy year. I graduated with Distinction from my Acupuncture program (see picture) and passed the very taxing licensing exams set by the USA. I have started treating patients and am finding it a challenge and a satisfaction. In the coming year I want to extend my herbal knowledge and take those exams – then I will consider regulating myself in British Colombia as a Chinese Medicine Practitioner.



I had the great privilege of attending the teaching of the Dali Lama when he visited Toronto this spring. I have admired him for a long time, but did not ever expect to be in contact with him. He spoke with great authority and a very keen sense of humor. I am very grateful to have spent eleven days in his presence.

Peter had a good racing season, so good that he wore out the foresail and is getting a new one for his Christmas present! He had good winds and a hard working crew and deserved his success. He says he knows he will be getting old when he no longer wants a better set of racing sails!!

We have both kept well. Good thing, as listening to the news would worry a sick person to death. We both enjoyed this summer, which was cooler and wetter than usual. The garden grew so well we had to do a lot of cutting back and it is looking very good now. Peter retires next year and we will start planning a move to a smaller place, possibly even a move to British Colombia. John is still living there and has moved in with Mitchell and her two daughters aged 12 and 8, so we became instant grandparents! Wendy and JP are just about to move to a larger house on the same subdivision in Montreal. We will spend Christmas with them again.

We send our best wishes to you, with kind thoughts for your health and happiness in 2005

Susa & Peter